Do you have a disability that began before age 26?

Are you Black, Indigenous and/or do you identify as a Person of Color?

If your answer is “YES,” you may be eligible to join tens of thousands of other people with disabilities nationwide taking advantage of a 529 ABLE savings and investment account.

**ABLE Savings and Investment Accounts**

Your ABLE account will help you meet your needs today and prepare for a brighter tomorrow, allowing you to maintain eligibility for needed benefits such as Supplemental Security Income (SSI), Social Security Disability Insurance (SSDI), Medicaid, food and housing programs.

You can use your ABLE account to pay for expenses like housing, food, transportation, education, employment supports, assistive technology, personal support services, respite, health care, legal fees, retirement or other expenses that improve your health, independence and quality of life.

**In a 529A (ABLE) account:**

- Savings and investments grow tax-free.
- Contributions to your account can be made to support short- and long-term life goals.
- Your ABLE account can be funded by you, your family, friends and your employer, and will not be a problem for your public benefits eligibility.

**ABLE National Resource Center can help you:**

- Learn if you qualify for an ABLE account
- Compare ABLE account plans
- Understand contribution limits
- Learn how you can use funds

**Access information and tools:**

- **ABLE Decision Guides**
- **Frequently Asked Questions**
- **ABLE to Work information**
- **ABLE Podcasts and Webinars**
- **ABLE Account Owner Stories**

Visit the ABLE National Resource Center’s BIPOC Outreach Toolkit to learn more: [ablenu.org/bipoc-outreach-toolkit](ablenu.org/bipoc-outreach-toolkit)

Sign up for the **AchievABLE™ newsletter**. Visit the **ABLE NRC website**.